Hello and welcome to Headspace with Ink me Up. Headspace is a weekly show created by the university of Lincoln students that talk about different topics, ranging from 90's music to technology. This week it's tattoo's.

(Introduce yourselves and what is coming up on the show)

I’m Charlotte your presenter

And I’m Ben.

Interview with a lecturer from the university of Lincoln, A student who is having his tattoo removed and a phone interview with Rocky Rakovic

Now I think tattoos is a subject which is highly debatable by anyone.

We’ll be looking a bit into the question, why? Why tattoos? Why do people get them, do they have a meaning or is it just a fashion trend?

Love them or hate them, everyone has an opinion, including our first guest, a lecturer at the University of Lincoln and a well travelled man Clive McCarthy.

* Clive I understand that you have a few tattoos yourself?
* Can you tell us more about the native American tattoo on your arm?
* Do you regret any of yours?
* What is it that you like about tattoos?
* (Any additional questions you feel are relevant)

Cue For Lauren's Tattooing

*Lauren's Tattoo Interview*

*Sting*

If you want to take a look at Lauren's tattoo be sure to look us up on twitter @Headspacelinc or facebook just search for headspace Lincoln. (Read out tweets if there are any) if you have any interesting or regrettable tattoos that you have, get tweeting them to us, we’d love to see them!

But now it's time for (Insert song name and artist)

*Song*

Welcome back to Headspace with Ink Me Up on Siren FM. Earlier on I/Ben caught up with someone all the way from New York City.

*Rocky Rakovic Interview*

Thank you very much Rocky, be sure to check out Inked mag if you are interested in tattoo's. Now on Siren FM is (Insert song name and artist)

*Song*

*Sting*

Hello and you are joining Ben and Charlotte on Headspace with Ink Me Up. You were just listening to (Insert song name and artist) if you have an opinion on tattoo's please let us know by looking us up on twitter @Headspacelinc or facebook just search for headspace Lincoln. (Read out tweets if there are any)

So Ben, I know you have a tattoo there on your arm, would you mind explaining what you have?

(Talk about own experiences with tattoo's, what do you like, what don't you like. Why would/wouldn't you get one.)

See I do like tattoos, I wanted one a couple of years ago but the thing that put me off the most was if I’d regret it in the future. Because it’s a big trend now, and I go through different fashions every year, so my concern is to whether one day I might wake up and think…well actually that doesn’t suit me. Plus you hear rumours that perhaps tattoos can put people out of jobs too, and I wouldn’t want that. But who knows? I think they can be a lovely thing if it is personal to someone, however I’d never get my partner tattooed on my arm… because what if we broke up, that’s another fear of mine!

I always wondered as well… do they hurt? What’s it feel like?

My parents have never allowed me to get a tattoo; in fact they aren’t too keen on piercings either. However I persuaded them about piercings because I said they can heal and you would never know that they were there… but there is a thing called laser removal…don’t we only live once?! Everyone always persuades people to be unique and different and I actually agree with tattoos on this point.. but I don’t think I’d go as far as tattoing my whole body!

You are listening to Siren FM with Headspace, a show brought to you from the students of the university of Lincoln. This week it is Ink Me Up. A show all about tattoo's.

*Song*

Welcome back to Ink Me Up. According to a survey done by Escentual.com last year four in 10 people regret their tattoo's. Some chose to get them removed by laser. Joining us today is Henry, a media production student at the University of Lincoln, who is currently going through the process of getting his tattoo removed by laser surgery.

* Henry can you describe what your tattoo was?
* Why did you want to get it removed?
* Can you describe the removal process?
* On a scale of 1 to 10 how much does the removal process hurt?
* How long does it take to remove a tattoo?
* What would you say to someone wanting to get a tattoo they weren't sure of?
* (Any other questions you think are relevant)

*Sting*

Be sure to let us know your opinion on tattoo's contact us by looking us up on twitter @Headspacelinc or facebook just search for headspace Lincoln. (Read out tweets if there are any)

Joining us now is \_\_\_\_\_\_\_\_\_\_\_\_\_ from no adults aloud.

* What have you got coming up on the show today?
* Do you have any tattoo's?
* If you could pick any tattoo, any size of anything what would you get?
* (Talk amongst yourselves if there is time to kill)

TO KILL TIME

So there are many different tattoos that everyone can get, but I wonder what the most painful one would be? Eyeball? Wrist? Boney area? I have no idea, all I know is I nearly cried when I had my nose pierced, I don’t think id be strong enough to agree to my skin being inked!

So we are coming to the end of the show now. Thank you for joining us on Ink Me Up brought to you by Headspace. We have had a great show. Thank you very much to Clive McCarthy, Living colour tattoo studio, Rocky Rakovic from Inked Mag and Henry. (Talk about what you have learnt about tattoo's from talking to the guests)

Thank you for listening, next up is the news followed by No Adults Aloud, we have been Ben and Charlotte on Ink Me Up.

News Jingle